



CHOOSING A SPONSOR – CHOOSING A NAME

At Baptism your parents chose a name for you and provided you with Godparents to help you on your spiritual journey. As you complete the sacraments of initiation at Confirmation, you are asked to do the same – choose a name, and choose a sponsor to walk with you throughout life as you grow in faith.

CHOOSING A NAME

The Confirmation name you select should have some significance to your life. A saint who lived out their faith in the way that you see yourself doing so might be a good choice. You may choose one of the names given to you in baptism for your confirmation name.

CHOOSING A SPONSOR

A Confirmation sponsor witnesses the commitment you make to God and the Church by presenting you to the Bishop. Your sponsor will stand beside you as someone who has supported you and who will continue to guide you on your faith journey.

The Diocesan guidelines regulate who may or may not be a sponsor. Your sponsor may be a Godparent, or another qualified witness other than your parent(s), who:

- 1) Is a practicing Catholic who has sufficient maturity for this role;
- 2) Be a Catholic who has already been confirmed and received the sacrament of Eucharist.
- 3) Takes an active interest in your faith life
- 4) Is at least sixteen years of age

The person you select as your sponsor should be available to help and encourage you during your life. If the person you choose as a Confirmation Sponsor cannot be present at the actual ceremony, you can obtain a proxy. A proxy is an individual that stands in for your sponsor.

SPONSOR NAME: _____

Sponsor Address: _____ Sponsor Phone: _____

Parish Name: _____ Parish Address: _____

Candidate's Name: _____

Signature of Sponsor's Pastor: _____